

# ADVENTURE LEADERSHIP EXPEDITIONS

.... FOR LIFE !



## From the Mountains to the Sea

The 'Adventure Leadership Expeditions' programme is a unique and exciting educational initiative. It combines challenging environments with practical hands-on learning and application in the outdoors.

Drawing on a wide range of neurosciences, we use the latest insights into the human brain to provide you with practical skills and tools, that simply work.

Exceptionally talented and trustworthy leaders will always be in high demand in order to efficiently and effectively guide their team. Education and application is paramount to achieving this.

Strip away the clutter and noise of life and get back to basics.

Book your place on our next adventure.

## The Adventure

- 7-days of physical, mental & emotional challenges with massive rewards
- A journey of 220kms by raft, down one of New Zealand's longest & remotest wilderness rivers
- Powerful & life changing
- Teambuilding & educational
- A genuine sense of achievement
- For many this will be the adventure of the year - for some a life time
- A moderate level of fitness & a great attitude is all that is required
- No previous rafting experience is necessary
- A safe, exciting & highly professional educational expedition

[www.adventureleadershipexpeditions.co.nz](http://www.adventureleadershipexpeditions.co.nz)





## The Learning

- 'Adventure Leadership Expeditions' is not a squeeze-more-in programme. Each expedition has strictly limited numbers & there are only a few expeditions run each season
- This is for leaders & business owners seeking new knowledge & learning outside the box
- There is no manual - it is about finding out who you are & how brilliant you can be
- Increase your self-confidence & awareness
- Network with an awesome peer group of likeminded business leaders
- Become more effective as a leader in your personal & business life
- Take some **YOU TIME** – clear your mind, refocus & refine your life strategies
- Imagine - no phone, no email, no distractions . . . **NO STRESS**



## What Is Included In Your Investment

- Pick up, transfers Christchurch to Hanmer Springs
- 1 nights accommodation in Hanmer Springs
- The adventure of a life time
- Professional & experienced river guides to ensure your safety
- All rafting, safety & camping equipment
- Fully catered meals & beverage
- Training materials & other goodies
- Leadership coaching by our team leaders
- 1 nights luxury accommodation in Kaikoura
- Pick up, transfers Kaikoura to Christchurch



## The Philosophy

It has been scientifically proven that spending extended periods in the outdoors, surrounded by nature, calms the mind and de-stresses the body. Combining an element of adventure in these surroundings further assists in boosting mental performance, creativity and clarity through a heightened state of awareness, learning and openness.

Our mission is to challenge, inspire and engage you on all levels. We will provide you with the latest tools and strategies, allowing new visions to come into focus. We will push back current boundaries, making way for fresh innovative goals and dreams for your future.

'Adventure Leadership Expeditions' specializes in assisting people to become the very best they can be, thus bringing out the very best in those around them. We pride ourselves in creating better people, better working environments, better communities and ultimately a better world to live in.

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